Pain Management and Anesthesiology of NJ

Mikhail Solomonov M.D.

8 Saddle Road, Suite 204 Cedar Knolls, NJ 07927

Phone: (973) 998-7868 Fax: (973) 998-7883

THE FOLLOWING MULTI-PAGE QUESTIONNAIRE IS A VERY IMPORTANT TOOL THAT IS USED TO ASSESS YOUR PAIN CONDITION AS WELL AS THE APPROPRIATE TREATMENTS FOR YOUR PROBLEM.

- 1. PLEASE READ AND FILL'OUT EVERY SINGLE ITEM IN THIS PACKAGE, INCLUDING THE DEMOGRAPHIC AND FINANCIAL INFORMATION ON THE FIRST THREE PAGES. PLEASE ALSO INCLUDE YOUR SIGNATURE WHERE REQUESTED. FAILURE TO COMPLETE OR SIGN THIS FORM COULD RESULT IN A DELAY IN YOUR APPOINTMENT.
- 2. PLEASE BRING THE COMPLETED FORM ALONG WITH ANY PERTINENT FILMS, REPORTS, DOCTOR NOTES, ETC. FOR YOUR INITIAL CONSULTATION.
- 3. AN INFORMED PATIENT MAKES BETTER DECISIONS ABOUT TREATMENT OPTIONS OFFERED BY HIS OR HER PHYSICIAN.

THANK YOU VERY MUCH IN ADVANCE FOR YOUR COOPERATION.

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GENERAL INFORMATION

Name:		_ Date:	Height	Weight
Social Security Number:		Date of Bi	irth:	Age:
Address:				
City:	State:		Zip:	
Home Phone:	Work Phone:		Cell Phone:	
Employer's Name & Address:				
Spouse's Name:		Spouse	e's Date of Birth:	
Spouse's Employer & Work No	ımber:			
	EMERGENCY CONT	CACT INFOR	MATION	
Emergency Contact Person Not	Living With You:			
Emergency Contact's Relation	To You:		Phone:	
	INSURANCE I	NFORMATIO	ON	
Primary Insurance Name:				
Claim Address:				
Subscriber's Name:			_ Subscriber's Date o	f Birth:
ID#:			Group:	
Subscriber Relation To Patient:	Self Spouse	Child 🗆	Other	
Secondary Insurance Name:				
Claim Address:				
Subscriber's Name:			_ Subscriber's Date o	f Birth:
ID#			_ Group:	
Subscriber Relation To Patient:	Self Spouse	Child	Other	

ACCIDENT/INJURY & LITIGATION INFORMATION

Is Your Condition Due To:

Work Related Injury or Accident (Workers Compens	ation)? Yes 🗆 No [
Date of Injury/Accident:			
Case Manager's Name:	Phone:	Fax:	
Adjuster's Name:	Phone:	Fax:	
WC Insurance Co. Name:	Claim # _		
Please describe the details of your work related injury	y or accident (what happened	d?):	
Automobile Accident? Yes □ No □	Date of Accident:		
Please describe the details of your work related injury	y or accident (what happened	d?):	
Other Type of Accident? Yes \(\square\) No \(\square\)	Date of Accident:		
Please describe the details of your work related injury	y or accident (what happene	d?):	
Is litigation (Lawsuit) Pending? Yes \(\square\) No [
Attorney's Name:	Phone:		
Attorney's Address:			

Please describe the current status of your legal case or settlement:

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AUTHORIZATION TO RELEASE INFORMATION

hereby authorize Pain Management and Anesthesiology of Information pertaining to my case, to my physician, insurance liguster, or attorney of applicable in the case.	•
ijuster, or attorney or applicable in the ease.	
SIGNATURE OF PATIENT GUARDIAN	DATE

DATE

INITIALS

Pain Management and Anesthesiology of NJ

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PATIENT RECORD RELEASE FORM

PERMISO PARA REVELAR LOS EXPEDIENTES DE PACIENTE

DOCTOR'S OFFICE OR HOSPITAL OFICINA DE HOSPITAL O DEL DOCTOR

I HEREBY AUTHORIZE AND REQUEST YOU TO RELEASE TO: LE AUTORIZO Y SOLICITO POR ESTE MEDIO REVELAR A:

Pain Management and Anesthesiology of NJ

Complete medical records (including, but not limited to doctors notes, all radiological reports, Laboratory reports etc.) concerning my illness and/or treatment during: Mis expedients medicos (que incluyen, pero no limitado a las notas de los doctors, informes radiologicos, reports de Laboratorio etc.) referents a mi enfermedad y/o tratamiento durante:

PATIENT'S NAME (print): NOMBRE DE PACIENTE	
PATIENT'S SIGNATURE: FIRM DE PACIENTE	
DATE OF BIRTH: FECHA DE NACIMIENTO	
WITNESS:	

PMA of N.J.

Advance Directive Patient Agreement

According to CMS directive 416.50 (a) (2) and the NJ State Law, every patient having a surgical procedure at **PMA of NJ** has the right to utilize an Advance Directive Document or create a new Advance Directive Document as per NJ State Law. If an individual does not have an Advance Directive Document or the paper work to complete an Advance Directive, it will be provided to you upon request by

PMA of NJ

The NJ Advance Directive is a document that protects the patient's right to refuse medical treatment that the patient does not want or to request treatment that they may want in the event that the patient loses the ability to make decisions themselves.

Part I Proxy Declaration: This part allows the patient to name a health care representative to make decisions about their health care including decisions about life-sustaining treatments if they are no longer able to speak for themselves.

Part II NJ Instruction Declaration: This is the NJ State's living will. It allows the patient to state their wishes regarding health care decisions in the event that they can no longer make their own decisions.

The Advance Directive Document will go into effect at **PMA of NJ** when the operating surgeon/proceduralist makes the determination that the patient is no longer able to communicate their health care decisions.

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ASSIGNMENT OF BENEFITS

I Authorize and direct my insurer or payor to pay directly to the above, Pain Management and Anesthesiology of NJ, and the physicians, any or all benefits, that would otherwise be payable to me (or the patient, if signed by a responsible party), up to the amount of my bill, accruing to me in connection with my treatment at Pain Management and Anesthesiology of NJ.

I request that payment of authorized medicare, medigap or other health insurance policy benefits for services furnished to me by Pain Management and Anesthesiology of NJ be made on my behalf to Pain Management and Anesthesiology of NJ. In the event Payments are made to Pain Management and Anesthesiology of NJ and me as joint payees, I agree to cooperate with Pain Management and Anesthesiology of NJ to ensure that the center/practice receives all amount due to Pain Management and Anesthesiology of NJ.

I hereby authorize Pain Management and Anesthesiology of NJ to pursue any means necessary to collect all charges on my Account including follow up calls, appeals, arbitration, and civil suit, if allowable under law. In the event that Pain Management and Anesthesiology of NJ or physician elects to bring an appeal, lawsuit or petition for arbitration against the insurance carrier, I hereby assign to them my rights, title and interest under any insurance policy under which I am entitled to proceed for benefits, if allowable under law. This assignment shall allow an attorney of their choosing to bring suit or submit to arbitration their claim of any unpaid or underpaid bills for treatment rendered at Pain Management and Anesthesiology of NJ.

Patient or Responsible Party		
•	(Signature)	
Patient or Responsible Party		
	(Print Name)	
Witness		_
Date		

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION PLEASE READ IT CAREFULLY

The Health Insurance Portability & Accountability Act of 1996 (HIPPA) Is a federal program that requires that all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically; on paper, or orally, are kept properly confidential. This, Act gives you, the patient, significant • new rights to understand and control how your health information is used. HIPPA provides penalties for covered entities that misused personal health information. As required by HIPPA, we have prepared this explanation of how we are required to maintain the privacy of your health information.

We may *use* and disclose your medical records for the following purposes only: treatment, payment, and health care operations.

- TREATMENT means providing, coordinating or managing health care and related services by one or more health care providers. An example of this would include a physical examination.
 - PAYMENT means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example of this would be sending a bill for your visit to your insurance company for payment.
- HEALTHCARE OPERATIONS include the business aspects of running our practice, such as conducting quality assessment and improvement activities auditing functions, coat-management analysis and customer service. An example would be an internal quality assessment review.

We may also create and .distribute de-identifiable health information by removing all references to individually identifiable information.

We may contact you to provider appointment reminders or information about treatment alternatives or other health related benefits and services that may be of interest to you.

Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written; request, except to the extent that we already taken actions relying on your authorization.

You have the following rights with respect to your protected health information, which you can exercise by presenting a written request to the Privacy Officer.

The right to request restrictions on certain uses and disclosures of protected health information, including those related to disclosure to family members, other relatives, close personal friends, or any other person identified by you. We are, however, not required to agree to requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it

The right to reasonable requests to receive confidential communications of protected health information from us by alternative means or at alternative locations.

The right to inspect and copy your protected health information.

The right to amend your protected health information.

The right to receive an accounting of disclosures of protected health information.

The right to obtain a paper copy of this notice upon request.

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information. This notice is effective as of June 10, 2002, and we are required to abide by the terms of the Notice of Privacy Pr4ctices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. We will post and you may 'request a written copy of a revised Notice of Privacy Practices from this office. You have recourse if you feel that your privacy protections have been violated. You have the right to file a formal, written complaint with our office of the Department of Health & Human Services, Office of Civil Rights, about violations of the provisions of this notice Or the policies and procedures of our office. We will not retaliate against you for filing a complaint. Please contact us for more information, by asking to speak to our Privacy Officer or for written inquiries, note "Attention Privacy Officer. For more information about HIPPA or to file a complaint: The US Dept of Health & Human Services, Office of Civil Rights, 200 Independence Ave, SW, Washington, D.C. 20201, phone 202-619-0257 toll free 1-877-696-6775.

Please acknowledge receipt of this infor	ition with your signature below. Thank you
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Signature	Date	
_		

COMPREHENSIVE MEDICAL QUESTONAIRE

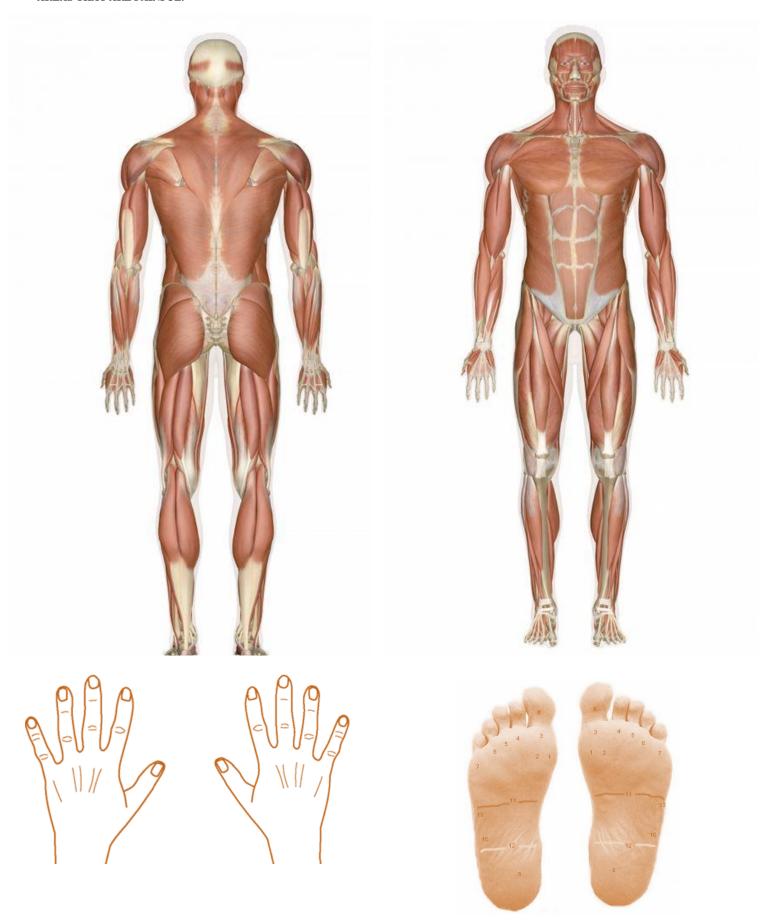
Referring Physician:	Primary Care Physician:	
Please list the names of any healthcare prof your pain condition	fessionals who have been involved in the evaluation and/or treatment(s) of	
(Please print names):		
Orthopedic Surgeon:	Physiatrist/Rehabilitation specialist:	
Spine Surgeon:	Chiropractor:	
Neurologist:	Acupuncturist:	
Neurosurgeon:	Pain Medicine specialist:	
Rheumatologist:	Other:	

Pain History

1. PLEASE DESCRIBE YOUR PAIN PROBLEM. Where is your pain? Where does the pain spread or radiate? (Example-"Low back pain that radiates down the back of my left leg to my heel":

Date:	Patient:	

PLEASE USE THE DIAGRAM BELOW TO DEMONSTARTE WHERE YOUR PAIN IS LOCATED BY CHECKING THE AREAS THAT ARE PAINFUL.



2. When did your pain	n begin? (Please be a	s specific as possible (examp	ole: "4 months ago")	
3. How did your pain	begin? (please Chec	k and describe below)	_	
	Date of accident/ Illness			
□Pain just Started	By Itself			
□Injury or Accide	nt at Work			
□Injury or Accide	nt At Home			
☐Motor Vehicle A	Accident			
☐Following Surge	ery			
□Following Illnes	S			
□Other Reason (S	pecify):			
4. Pain Quality				
HOW WOULD YOU	DESCRIBE THE PA	AIN?		
Burning	□Sharp	Cutting	Throbbing	
Cramping	Numbness	□Dull		
□Aching	Pressure	Soreness		
☐Pins and Needles	Shooting	Other		
In general, during the	e past month has you	r pain been (Please Check O	ne)	
□Worsening	□Im	proving	Unchanged	
5. Timing of Pain How often do you hav	e your pain? (Please	check one)		
□Constantly (100	% of the time)			
☐Nearly constantly	(60% of the time)			
_	% to 60% of the tim	e)		
_	ss than 30% of the time			

6. Which activities or body positions (e.g. walking, b	ending, et.) bring on or WORSEN your pain?
Which activities or body positions (e.g. sitting, lyin	ng down, etc.) seem to IMPROVE your pain?
7. Which symptoms are associated with your pain? (Check all that apply):
☐Weakness of arm (s) – Left/Right/Both	Depression
☐Weakness of leg (s) – Left/Right/Both	☐Weight gain (How many lbs. past 6 months?
\square Numbness of arm (s) – Left/Right/Both	☐Difficulty sleeping
\square Numbness of leg (s) – Left/Right/Both	□Impotence
☐Weakness of arm (s) – Left/Right/Both	☐Decreased sex drive
☐Loss of bladder or bowel control	
□Cool, pale skin	
☐Discolored or mottled skin	
☐Pain with only light touch	
8. RATE YOUR PAIN	
(0-10 WHERE 0 IS NO	PAIN AND A 10 IS THE WORST POSSIBLE PAIN)
I would rate my pain today a $\Box 0$ $\Box 1$ $\Box 2$ $\Box 3$ $\Box 4$	□5 □6 □7 □8 □9 □10
I would rate my worst pain a □0 □1 □2 □3 □4	□5 □6 □7 □8 □9 □10
I would rate my pain when under control as a $\Box 0$ $\Box 1$	$\square 2$ $\square 3$ $\square 4$ $\square 5$ $\square 6$ $\square 7$ $\square 8$ $\square 9$ $\square 10$
I could accept or live with a level of pain at a $\square 0$ $\square 1$	$\Box 2 \ \Box 3 \ \Box 4 \ \Box 5 \ \Box 6 \ \Box 7 \ \Box 8 \ \Box 9 \ \Box 10$
9. ACTIVITIES AND YOUR PAIN	
During the past month, check the activities that yo	ou avoided/ or were affected because of the pain:
☐Performance at work	☐Performing household chores
☐Doing yard work or shopping	☐Socializing with friends
☐ Participating in recreation	☐ Having sexual relations
☐Physically exercising	Other

10. Which **TREATMENTS** have been used for your pain? (Check all that apply)

		Helpful?	When did you receive this treatment?
	Pain Killers	□Yes □No	
	Anti-Inflammatory Meds	□Yes □No	
	Muscle Relaxants	□Yes □No	
	Bed rest	□Yes □No	
	Physical Therapy	□Yes □No	
	Exercise	□Yes □No	
	TENS (electrical stimulation)	□Yes □No	
PRIO	R TREATMENTS (continued):	Helpful?	When did you receive this treatment?
_		Helpful?	When did you receive this treatment?
PRIO	R TREATMENTS (continued): Chiropractic Therapy	Helpful? □Yes □No	When did you receive this treatment?
_		_	When did you receive this treatment?
	Chiropractic Therapy	□Yes □No	When did you receive this treatment?
	Chiropractic Therapy Traction	□Yes □No □Yes □No	When did you receive this treatment?
	Chiropractic Therapy Traction Cortisone Injections	□Yes □No □Yes □No □Yes □No	When did you receive this treatment?
	Chiropractic Therapy Traction Cortisone Injections Epidural Injections	□Yes □No □Yes □No □Yes □No □Yes □No	When did you receive this treatment?
	Chiropractic Therapy Traction Cortisone Injections Epidural Injections Other Nerve Blocks	□Yes □No □Yes □No □Yes □No □Yes □No □Yes □No	When did you receive this treatment?
	Chiropractic Therapy Traction Cortisone Injections Epidural Injections Other Nerve Blocks Surgery	□Yes □No □Yes □No □Yes □No □Yes □No □Yes □No □Yes □No	When did you receive this treatment?

Please list any medications that you have taken in the past for your condition which has/have NOT helped to reduce or relieve your pain:

11. PATIENT MEDICAL HISTORY CONDITION

				Other
Endocrine	□ None	☐ Diabetes: Insulin	☐ Diabetes: Non-Insulin	□Thyroid
Eyes	□ None	□Glaucoma:Narrow Angle	□Glaucoma:Wide Angle	
Cardio	□ None	☐ High Blood Pressure	☐ Heart Attack	□Valve Problem
		☐Heart Surgery	□Angina	□Arrhythmia
Circulation	□ None	□Peripheral Vascular	□Chronic Edema	□Varicose veins
		Disease		
Neurological	□ None	□CVA/Stroke	□Seizures	
Respiratory	□ None	□Emphysema	□Asthma	□COPD
Gastrointestinal	□ None	□Ulcers	□Heartburn/Reflux	□Liver Problems
Genitourinary	□ None	☐Urination Problems	□Kidney Stones	□Erectile Dysfunction
Musculoskeletal	□ None	□Arthritis	□Joint Replacement	
Psychiatric	□ None	□Depression	□Anxiety	□Claustrophobia
Hematologic	□ None	□Low Platelets	\Box Bleeding	□Poor Clotting

12. Please List any operations you have had in the past:

Year Type of Operation

ALLERGIES:

13. Please list your ALLERGIES TO MEDICATIONS or OTHER DRUGS:		
Name of Medication	Type or Reaction Experienced	
14. Are you allergic to Iodine contrast dye (e.		
If you answered yes, what type or rea	ction did you have?	
CURRENT MEDICATIONS:		
15. Please list the medications which you cur		
Name of Medication	Dosage and Number of Pills Per Day	
1/ Di 1-44h 1-4		
16. Please list the medications which you cur		
Name of Medication	Name of Medication	
17. Do you take Aspirin? □Yes □No I	f you answered yes, when was your last dose?	

23.	. Do you currently smoke cigarette?	□Yes □No	How Much
	Alcohol:	□Yes □No	How Much
24.	. Have you ever ben diagnosed with or	treated for dru	g or alcohol abuse? □Yes □No
	If yes, When?	Please describe	2
	WORK HISTORY		
25.	. What is your employment status? (pi	lease check one)	
	□Retired	□Able	e to work but currently unemployed
	□Homemaker	□Not	working, on worker's Comp, leave from my job since
	□Student	□Not	working, on Disability since (date)
	□Working Part Time	□Wor	king Full Time (□Light Duty)
27.	. Which of the following are regular re	equirements of y	our job? (Check all that apply to you)
	☐ Heavy lifting (over 30 pounds)		
	□Light lifting (15-30 pounds)		
	□Frequent stooping, Bending, Twisting	9	
	☐Standing for long periods of time (over	er one hour at a t	ime)
	☐Sitting for long periods of time (over	one hour at a tim	e)
	□Computer Work		
	□Other Physical Requirements (describ	pe)	

28. How much work have you missed as a result of your pain problem? (check one)